



ONE OAK

THERAPEUTIC CONSULTING

Don't let your best guess be your best option.

Providing clinical expertise and guidance
to help you make the right educational and therapeutic decisions **for your child.**

www.oneoakconsult.com

Types of Programs we work with:

- ◆ Acute Level Assessment & Stabilization Programs
- ◆ Therapeutic Boarding Schools
- ◆ Residential Treatment Centers
- ◆ Therapeutic Wilderness Programs
- ◆ Supportive Boarding Schools
- ◆ Addiction Treatment Programs
- ◆ Young Adult Programs

Who We Work With:

One Oak works with children, adolescents, emerging adults and adults who may struggle with one or more of the following issues:

- ◆ Depression/Anxiety
- ◆ School Avoidance and Refusal
- ◆ Substance Abuse – from Experimentation to Addiction
- ◆ Autism Spectrum and other Neurobiological Disorders
- ◆ Anger and Defiance
- ◆ Trauma
- ◆ Grief & Loss
- ◆ Adoption and Attachment Issues
- ◆ Gender Identity
- ◆ ADHD and other Learning Differences
- ◆ Executive Functioning Challenges
- ◆ Problematic Technology Use
- ◆ Failure to Launch
- ◆ Bipolar Disorder
- ◆ Psychosis / Thought Disorders
- ◆ OCD
- ◆ Eating Disorders
- ◆ Self Injury
- ◆ Suicidal Ideation or Attempts
- ◆ Problematic Sexual Behaviors

Why Refer to One Oak?

- ◆ **EXHAUSTION AND FAILURE** – One Oak recognizes that parental and child resources are often crippled due to previous treatment efforts not providing enough support for families to heal. This often leaves families and home clinicians feeling frustrated, recognizing that more intensive services are needed but not knowing where to turn. Our expertise in thinking outside of the box creates hope and an opportunity for lasting growth and change within the family system.
- ◆ **CRISIS** – Our team is available in acute crisis situations where therapeutic placement decisions need to be made quickly.
- ◆ **THOROUGH ASSESSMENT** – One Oak's placement recommendations are based upon an extensive review of a student's history, prior treatment experiences, and educational needs. We meet with families, and speak with current and prior clinicians in order to provide the most informed therapeutic and educational placement recommendations.
- ◆ **PLACEMENT EXPERTISE & VISITS** – Our team regularly visits and assesses hundreds of schools and programs so we can be intimately familiar with what is available and assist in meeting the specific needs of your child.
- ◆ **COST** – At One Oak, we take the guesswork out of finding the best fit for your child. This can save you thousands of dollars and can prevent you from experiencing the financial and emotional disappointment of another treatment failure.
- ◆ **ONGOING CASE MANAGEMENT / SUPPORT** – One Oak is committed to the continued success of our students and families. Therefore, we do not simply provide program recommendations but we maintain ongoing communication and monitoring throughout the time that our students are in placement.
- ◆ **TRANSITION** – Upon completion of treatment services, One Oak can connect families and students with the resources necessary to maintain success. This may include recommendations to local therapists, parent coaches, outpatient treatment, in-home family support services, etc.

Wherever You Are, We Can Help

With offices based in **Chicago, Georgia & North Carolina**, we are able to support families locally, across the country and around the world. Please call us at **773-288-9156** or email us at **Info@oneoakconsult.com** to schedule an office or telephone.

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One Oak Consultants are Professional Members of the Independent Educational Consultants Association (IECA), Therapeutic Consulting Association (TCA) and the National Association of Therapeutic Schools and Programs (NATSAP). We are Masters and Doctorate level clinicians with years of experience in residential, inpatient, and outpatient treatment of children, adolescents and adults. As independent consultants, we receive no incentives or fees from schools or programs. Our placement recommendations are objective, with our clients best interests in mind.